

Psychometric Changes Correlate to Degree of Non-Symbolic Experience in Adults

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Persistent Non-Symbolic Experience (PNSE)

Catchall phrase for persistent...

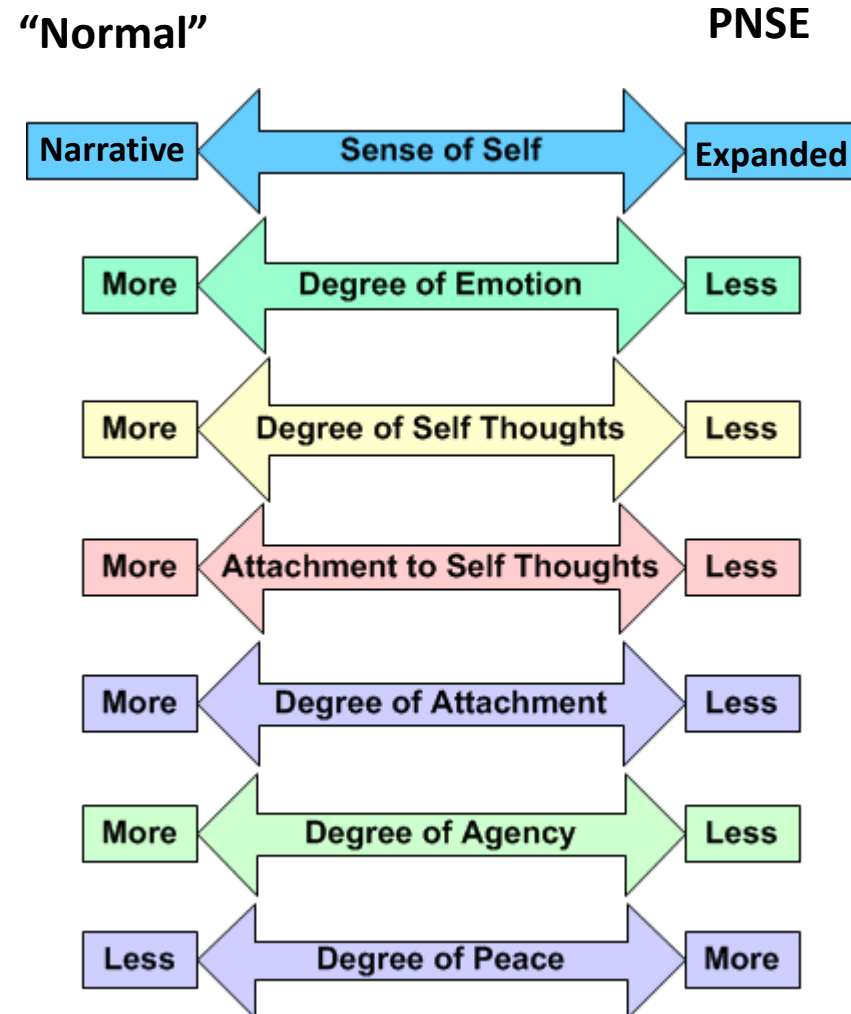
- Plateau (vs. Peak) Experience (Maslow)
- Enlightenment
- Mystical Experience
- Nonduality
- Cosmic/God/etc. Consciousness
- (and about 200 other terms, worldwide)

- Not limited to spiritual or religious people.

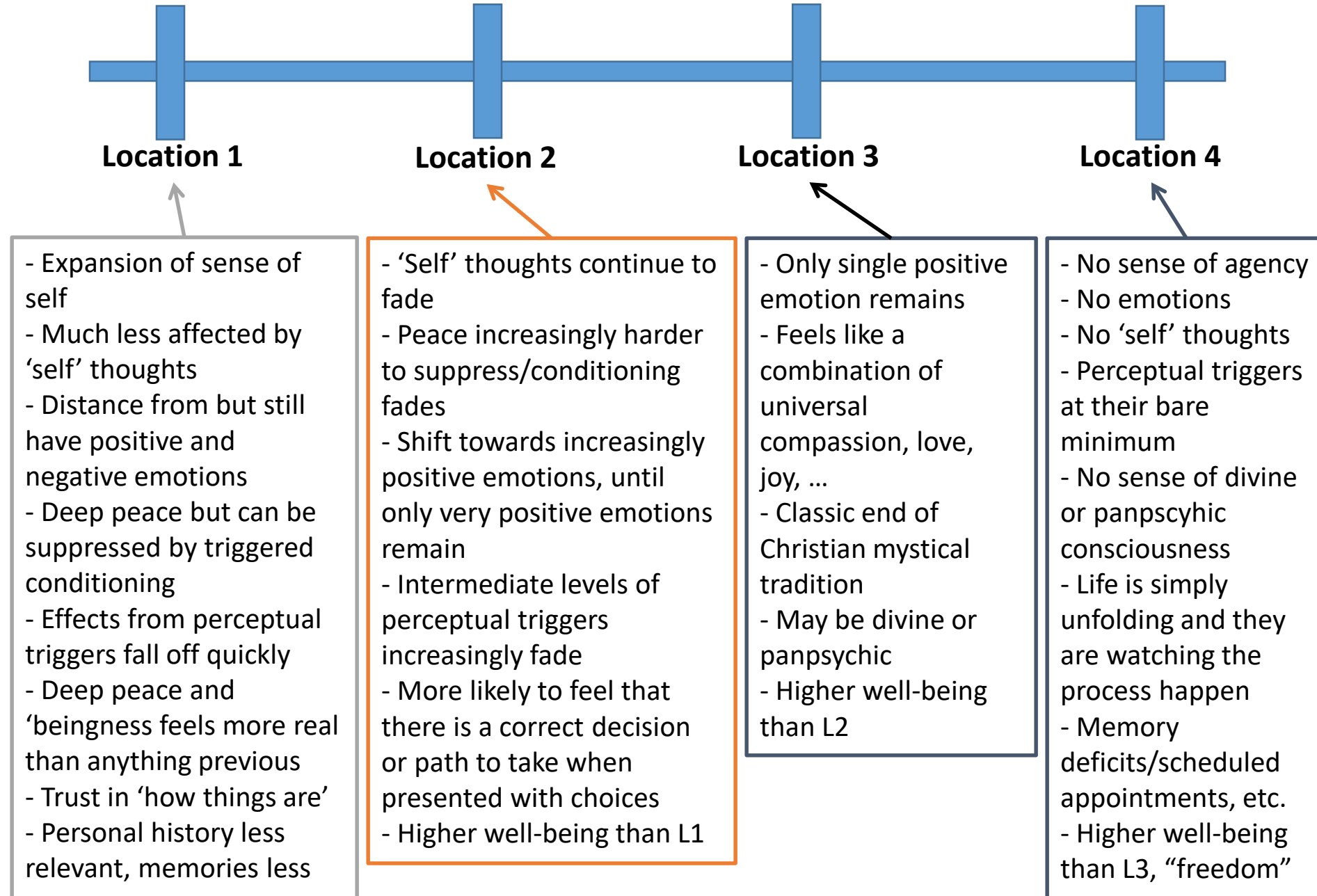
PNSE, O.N.E., tNSE

- Persistent Non-Symbolic Experience (PNSE)
 - Ongoing NSE > 1 Year
- Ongoing Non-symbolic Experience (O.N.E.)
 - Ongoing NSE < 1 Year
- Temporary Non-Symbolic Experience (tNSE)
 - Temporary NSE, even just momentary

Psychological Correlates



PNSE Continuum



The Finders Course Experiments

World's Largest Crowd Sourced, Crowd Funded PNSE Consciousness Experiment

\$1,000,000+
in total support

Two Halves

First Half (~6 weeks)

- Hit positive psychology heavy for the first two weeks, keep with it through first half
- Begin meditating a fixed amount per day (at least an hour) right from the start
- Goal for first half is to raise and lock in wellbeing so it is high for when they begin the second half

Practice intensive (~weeks 7 and 8)

Second Half (~final 6 to 9 weeks)

- Introduce one new meditation method per week
- Use the week 11 practice intensive to integrate and experiment with cognitive awareness based methods.
- Use the week 15+ practice intensive to integrate and experiment with all methods from your protocol

Finders Course Experiments and Results

- Protocol initially worked out with individuals in 2013.
- Pilot group, Finders Course 1 (FC1), 2/1/2014 – 5/16/2014
 - 6 initial participants, 5 completed successfully
- Last group FC10b in today's data
- 11 groups overall in parts of this data

	n	% of total
Location 1	142	31%
Location 2	92	20%
Location 3	48	11%
Location 4	26	6%
Location 5+	11	2%
No NSE Reported	48	11%
Temporary NSE	87	19%

	n	%
Total ONE	319	70%
Total Participants	454	
Est. Dropout Rate	30%	

Academic Measures Overall

* = p < 0.05; ** = p < 0.01; *** = p < 0.001, **** = p < 0.0001; ***** = p < 0.00001

Happiness

Measure	n	Pre	Post	Dif	%Dif	Sig
AHI – Overall Happiness	388	3.17	3.71	0.5	17%	*****
FEQ – Happiness	387	6.86	7.92	1.1	16%	*****
FEQ – % Time Happy	388	49.82	67.21	17.4	35%	*****
FEQ – % Time Unhappy	387	16.34	8.97	7.4	-45%	*****
FEQ – % Time Neutral	386	33.8	23.58	-10.2	-30%	*****
SWLS – Wellbeing	385	22.41	27.09	4.7	21%	*****
PERMA – Happiness	388	6.96	8.25	1.3	19%	*****

* = p < 0.05; ** = p < 0.01; *** = p < 0.001, **** = p < 0.0001; ***** = p < 0.00001

Emotion

Measure	n	Pre	Post	Dif	%Dif	Sig
CES-D – Depression	386	10.71	5.71	-5	-47%	*****
PANAS – Positive Affectivity	190	32.19	34.93	2.7	9%	****
PANAS – Negative Affectivity	190	13.65	11.59	-2.1	-15%	*****
PERMA – Positive Emotion	389	6.68	7.99	1.3	20%	*****
PERMA – Negative Affect	389	3.29	1.89	-1.4	-43%	*****
PERMA – Loneliness	389	3.02	1.6	-1.4	-47%	*****
CLS – Compassionate Love	190	4.89	5.19	0.3	6%	*****
STAI Y1 – State Anxiety	399	33.82	27.43	-6.39	-19%	*****
STAI Y2 – Trait Anxiety	399	38.02	30	-8.02	-22%	*****
STRESS	399	19.71	13.06	-6.65	-34%	**

* = $p < 0.05$; ** = $p < 0.01$; *** = $p < 0.001$; **** = $p < 0.0001$; ***** = $p < 0.00001$

PNSE/O.N.E.

Measure	n	Pre	Post	Dif	%Dif	Sig
MNETI	389	61.7	76.19	14.49	24%	*****
MUMEX	389	15.28	20.56	5.28	35%	*****
M-Scale	389	119.43	131.79	12.36	10%	*****
M-Scale – Introvertive	389	45.4	49.95	4.55	10%	*****
M-Scale – Extrovertive	389	26.85	31.04	4.19	16%	*****
M-Scale – Interpretive	389	47.17	50.79	3.63	8%	*****

* = $p < 0.05$; ** = $p < 0.01$; *** = $p < 0.001$; **** = $p < 0.0001$; ***** = $p < 0.00001$

Meaning

Measure	n	Pre	Post	Dif	%Dif	Sig
PERMA – Meaning	389	7.22	8.31	1.1	15%	*****
MILQ – Presence	388	23.39	25.52	2.1	9%	*****
MILQ – Search	388	21.13	16.89	-4.24	-20%	*****

* = $p < 0.05$; ** = $p < 0.01$; *** = $p < 0.001$; **** = $p < 0.0001$; ***** = $p < 0.00001$

Personality

Measure	n	Pre	Post	Dif	%Dif	Sig
NEO-FFI						
Neuroticism	394	17.96	12.35	-5.61	-31%	*****
Extraversion	394	25.75	27.59	1.87	7%	*****
Openness	394	35.26	35.27	0.01	0.03%	--
Agreeable	394	36.23	37.64	1.41	4%	*****
Conscientious	394	31.57	32.98	1.41	5%	*****

* = $p < 0.05$; ** = $p < 0.01$; *** = $p < 0.001$; **** = $p < 0.0001$; ***** = $p < 0.00001$

Misc.

Measure	n	Pre	Post	Dif	%Dif	Sig
TGS – Gratitude	387	36.72	39.2	2.5	7%	*****
PERMA – Relationships	389	6.88	7.96	1.1	16%	*****
PERMA – Accomplishment	389	7.44	8.26	0.8	11%	*****
PERMA – Engagement	389	7.35	8.12	0.8	11%	*****
CDFS1 – LifeFlow	355	3.2	3.56	0.36	11%	*****
CDFS2 – TaskFlow	355	3.51	3.84	0.33	9%	*****
PERMA – Health	389	7.36	8.07	0.7	10%	*****

Is a short, intense meditation and positive psychology program psychologically beneficial for most people who take it? – **YES!**

Happier	~16-19%
Wellbeing	~21%
% Time Happy	35% (>67% of time)
% Time Unhappy	-45% (<9% of time)
Positive Emotions	~ 9-20%
Negative Emotions	~ -15-43%
Compassionate Love	6%
Anxiety – State	-19%
Anxiety – Trait	-22%

Stress	-34%
Depression	-47%
Mysticism	~ 10-35%
Meaning	~ 9-20
Gratitude	7%
Relationships	16%
Engagement	11%
Neuroticism	-31%
Extraversion	7%

O.NE. vs 'Normal'

* = p < 0.05; ** = p < 0.01; *** = p < 0.001, **** = p < 0.0001; ***** = p < 0.00001

Happiness

Measure	O.N.E.						NOT O.N.E.						Significance		
	n	Pre	Post	Dif	%Dif	Sig	n	Pre	Post	Dif	%Dif	Sig	0%D	Pre	Post
AHI – Overall Hap.	271	3.27	3.9	0.63	19%	5*	117	2.92	3.26	0.34	12%	5*	20%	5*	5*
FEQ – Happiness	271	7.11	8.25	1.14	16%	5*	117	6.3	7.15	0.85	14%	5*	15%	5*	5*
FEQ – % Happy	271	53.77	73.64	19.87	37%	5*	117	40.67	52.53	11.65	27%	5*	40%	5*	5*
FEQ – % Unhap.	270	15.30	6.9	-8.41	-55%	5*	117	24.41	15.92	-8.49	-35%	4*	-57%	3*	5*
FEQ – % Neutral	269	31.58	19.54	-12.04	-38%	5*	117	38.89	32.82	-6.07	-16%	2*	-40%	2*	5*
SWLS – Wellbeing	269	23.38	28.92	5.54	24%	5*	117	20.19	22.91	2.72	14%	5*	26%	4*	5*
PERMA – Happiness	271	7.28	8.73	1.45	20%	5*	117	6.23	7.15	0.92	15%	5*	22%	5*	5*

* = p < 0.05; ** = p < 0.01; *** = p < 0.001, **** = p < 0.0001; ***** = p < 0.00001

Happiness

Measure	O.N.E.						NOT O.N.E.						Significance		
	n	Pre	Post	Dif	%Dif	Sig	n	Pre	Post	Dif	%Dif	Sig	0%D	Pre	Post
AHI – Overall Hap.	271	3.27	3.9	0.63	19%	5*	117	2.92	3.26	0.34	12%	5*	20%	5*	5*
FEQ – Happiness	271	7.11	8.25	1.14	16%	5*	117	6.3	7.15	0.85	14%	5*	15%	5*	5*
FEQ – % Happy	271	53.77	73.64	19.87	37%	5*	117	40.67	52.53	11.65	27%	5*	40%	5*	5*
FEQ – % Unhap.	270	15.30	6.9	-8.41	-55%	5*	117	24.41	15.92	-8.49	-35%	4*	-57%	3*	5*
FEQ – % Neutral	269	31.58	19.54	-12.04	-38%	5*	117	38.89	32.82	-6.07	-16%	2*	-40%	2*	5*
SWLS – Wellbeing	269	23.38	28.92	5.54	24%	5*	117	20.19	22.91	2.72	14%	5*	26%	4*	5*
PERMA – Happiness	271	7.28	8.73	1.45	20%	5*	117	6.23	7.15	0.92	15%	5*	22%	5*	5*

Emotion

* = p < 0.05; ** = p < 0.01; *** = p < 0.001, **** = p < 0.0001; ***** = p < 0.00001

Measure	O.N.E.						NOT O.N.E.						Significance		
	n	Pre	Post	Dif	%Dif	Sig	n	Pre	Post	Dif	%Dif	Sig	O%D	Pre	Post
CES-D	268	9.81	3.9	-5.91	-60%	5*	117	12.7	9.87	-2.83	-22%	4*	-60%	2*	5*
PANAS-PAff	136	33.06	36.72	3.66	11%	5*	53	30.34	30.26	0.08	-0.3%	--	21%	*	5*
PANAS-NAff	136	13.11	11	-2.11	-16%	5*	53	15.09	13.13	-1.96	-13%	*	-16%	5*	5*
PERMA-PEm	271	7.02	8.5	1.48	21%	5*	117	5.93	6.8	0.87	15%	5*	25%	5*	5*
PERMA-NAff	271	3.07	1.47	-1.6	-52%	5*	117	3.78	2.89	-0.89	-24%	5*	-49%	2*	5*
PERMA-Lnly	271	2.78	1.15	-1.63	-59%	5*	117	3.53	2.65	-0.88	-25%	3*	-57%		5*
CLS – Comp. Love	136	4.94	5.31	0.37	8%	5*	53	4.74	4.88	0.14	3%	--	9%	--	2*
STAI Y1 – State Anxiety	268	32.17	24.74	7.43	-23%	**	113	37.37	33.47	3.9	-10%	*	-26%	5*	5*
STAI Y2 – Trait Anxiety	268	36.02	27.06	-8.97	-25%	5*	113	42.21	36.59	-5.62	-13%	5*	-26%	5*	5*
STRESS	268	18.45	10.8	-7.65	-42%	5*	113	23.31	18.12	-4.19	-19%	5*	-40%	4*	5*

Emotion

* = p < 0.05; ** = p < 0.01; *** = p < 0.001, **** = p < 0.0001; ***** = p < 0.00001

Measure	O.N.E.						NOT O.N.E.						Significance		
	n	Pre	Post	Dif	%Dif	Sig	n	Pre	Post	Dif	%Dif	Sig	O%D	Pre	Post
CES-D	268	9.81	3.9	-5.91	-60%	5*	117	12.7	9.87	-2.83	-22%	4*	-60%	2*	5*
PANAS-PAff	136	33.06	36.72	3.66	11%	5*	53	30.34	30.26	0.08	-0.3%	--	21%	*	5*
PANAS-NAff	136	13.11	11	-2.11	-16%	5*	53	15.09	13.13	-1.96	-13%	*	-16%	5*	5*
PERMA-PEm	271	7.02	8.5	1.48	21%	5*	117	5.93	6.8	0.87	15%	5*	25%	5*	5*
PERMA-NAff	271	3.07	1.47	-1.6	-52%	5*	117	3.78	2.89	-0.89	-24%	5*	-49%	2*	5*
PERMA-Lnly	271	2.78	1.15	-1.63	-59%	5*	117	3.53	2.65	-0.88	-25%	3*	-57%		5*
CLS – Comp. Love	136	4.94	5.31	0.37	8%	5*	53	4.74	4.88	0.14	3%	--	9%	--	2*
STAI Y1 – State Anxiety	268	32.17	24.74	7.43	-23%	**	113	37.37	33.47	3.9	-10%	*	-26%	5*	5*
STAI Y2 – Trait Anxiety	268	36.02	27.06	-8.97	-25%	5*	113	42.21	36.59	-5.62	-13%	5*	-26%	5*	5*
STRESS	268	18.45	10.8	-7.65	-42%	5*	113	23.31	18.12	-4.19	-19%	5*	-40%	4*	5*

* = p < 0.05; ** = p < 0.01; *** = p < 0.001, **** = p < 0.0001; ***** = p < 0.00001

O.N.E./PNSE

Measure	O.N.E.						NOT O.N.E.						Significance		
	n	Pre	Post	Dif	%Dif	Sig	N	Pre	Post	Dif	%Dif	Sig	O%D	Pre	Post
MNETI	267	64.57	81.66	17.09	27%	5*	107	54.88	62.93	8.05	15%	5*	30%	5*	5*
MUMEX	267	16.61	22.78	6.17	37%	5*	107	11.88	15.35	3.47	29%	5*	48%	4*	5*
M-Scale	267	123.94	139.46	15.52	13%	5*	107	107.68	111.87	4.19	4%	--	25%	4*	5*
M-Scale – Introvertive	267	47.11	52.91	5.8	12%	5*	107	40.96	42.17	1.21	3%	--	25%	4*	5*
M-Scale – Extrovertive	267	28.27	33.21	4.94	18%	5*	107	23.42	25.49	2.07	9%	*	30%	4*	5*
M-Scale – Interpretive	267	48.56	53.34	4.78	10%	5*	107	43.3	44.21	0.91	2%	--	21%	4*	5*

* = p < 0.05; ** = p < 0.01; *** = p < 0.001, **** = p < 0.0001; ***** = p < 0.00001

Meaning

Measure	O.N.E.						NOT O.N.E.						Significance		
	n	Pre	Post	Dif	%Dif	Sig	n	Pre	Post	Dif	%Dif	Sig	O%D	Pre	Post
PERMA – Meaning	271	7.51	8.74	1.23	16%	5*	117	6.54	7.29	0.75	12%	3*	20%	4*	5*
MILQ – Presence	270	23.83	26.38	2.55	11%	5*	117	22.34	23.52	1.18	5%	*	12%	2*	5*
MILQ – Search	270	20.15	15.53	-4.62	-23%	5*	117	23.54	20.14	-3.4	-14%	5*	-23%	3*	4*

* = p < 0.05; ** = p < 0.01; *** = p < 0.001, **** = p < 0.0001; ***** = p < 0.00001

Personality

Measure	O.N.E.						NOT O.N.E.						Significance		
	n	Pre	Post	Dif	%Dif	Sig	n	Pre	Post	Dif	%Dif	Sig	O%D	Pre	Post
NEO-FFI	267						113								
Neuroticism		16.54	10	-6.54	-40%	5*		21.15	17.73	-3.42	-16%	5*	-44%	4*	5*
Extraversion		26.44	28.66	2.22	8%	5*		24.25	25.16	0.91	4%	*	14%	2*	5*
Openness		35.68	35.94	0.26	0.73%	--		34.23	33.69	-0.54	-2%	--	7%	*	4*
Agreeable		36.66	38.56	1.9	5%	5*		35.31	35.5	0.19	0.54%	--	9%	*	5*
Conscientious		32.26	34.24	1.98	6%	5*		29.91	29.95	0.04	0.13%	--	14%	2*	5*

* = p < 0.05; ** = p < 0.01; *** = p < 0.001, **** = p < 0.0001; ***** = p < 0.00001

Misc.

Measure	O.N.E.						NOT O.N.E.						Significance		
	n	Pre	Post	Dif	%Dif	Sig	n	Pre	Post	Dif	%Dif	Sig	O%D	Pre	Post
TGS – Gratitude	269	37.37	40.2	2.68	7%	5*	117	35.16	37.22	2.06	6%	4*	8%	3*	5*
PERMA – Relationships	271	7.12	8.39	1.27	18%	5*	117	6.38	7.01	0.63	10%	4*	20%	2*	5*
PERMA – Accomp.	271	7.64	8.62	0.98	13%	5*	117	6.98	7.42	0.44	3%	2*	16%	3*	5*
PERMA – Engage.	271	7.57	8.46	0.89	12%	5*	117	6.83	7.31	0.48	7%	2*	16%	4*	5*
CDFS1 – LifeFlow	243	3.3	3.75	0.45	14%	4*	99	2.96	3.13	0.17	6%	2*	19%	5*	5*
CDFS2 – TaskFlow	243	3.62	4.01	0.39	11%	5*	99	3.29	3.46	0.17	5%	*	16%	5*	5*

Is there a significant psychological difference between individuals who transition to O.N.E./PNSE during such a program? – **YES!**

Happiness/Wellbeing	~ 15 to 26%	Stress	-40%
% Time Happy	> 40% (74% vs 53%)	Depression	-60%
% Time Unhappy	> -57% (7% vs 16%)	Mysticism	~ 25-48%
Positive Emotions	~ 21 to 25%	Meaning	~ 12-23%
Negative Emotions	~ -16 to -49%	Gratitude	8%
Compassionate Love	9%	Relationships	20%
Loneliness	-57%	Engagement	16%
Anxiety – State	-26%	Neuroticism	-44%
Anxiety – Trait	-26%	Extraversion	14%

Are some people more disposed to be successful with a program like this than others? If so what might those factors be? - **YES!**

Statistically significant differences during pre-measurement in:

- Happiness and Wellbeing
- % Time Happy vs Not
- Level of Positive and Negative Emotion
- Depression
- Stress
- Anxiety
- Depersonalization/Derealization
- Consciousness
- Absorption
- Mysticism/Mystical Type Experience
- Gratitude
- Flow
- Neuroticism
- Extraversion

What About The Locations?

Can we find location specific differences?

* = p < 0.05; ** = p < 0.01; *** = p < 0.001, **** = p < 0.0001; ***** = p < 0.00001

Happiness

Measure	O.N.E.						
	nNSE	tNSE	L1	L2	L3	L4&Up	5+
AHI – Overall Hap.	3.21 ***	3.29 *****	3.63 *****	4.1 *****	4.12 *****	4.26 ***	4.26 *
FEQ – Happiness	7.05 **	7.21 *****	7.82 *****	8.52 *****	8.85 *****	8.62	8.75 *
FEQ – % Happy	38.38 **	41.95 ****	45.9 *****	54.97 *****	65.44 *****	69.5 *	84.88
FEQ – % Unhap.	15.26 **	14.71 **	8.81 *****	4.84 *****	3.54 ****	4.04 *	4.5
FEQ – % Neutral	40.14	38.19 *	37.58 *****	29.94 *****	24.07 ***	19.32	7.57
SWLS – Wellbeing	21.04	23.75 *****	26.67 *****	30.61 *****	31.32 ***	30.72 ***	31.38
PERMA – Happiness	6.9 *	7.28 *****	8.3 *****	9.05 *****	9.17 ***	9.15 ***	9.38

Emotion

* = p < 0.05; ** = p < 0.01; *** = p < 0.001, **** = p < 0.0001; ***** = p < 0.00001

Measure	O.N.E.						
	nNSE	tNSE	L1	L2	L3	L4&Up	5+
CES-D	10.05 (2*)	9.77 (2*)	5.26 (5*)	3.05 (5*)	2.4 (4*)	2.23 (2*)	2.38
PANAS-PAff	31.69	29.8	33.84 (2*)	38.91 (4*)	40.74 (*)	37.81	40.83
PANAS-NAff	14.38	12.72 (*)	11.49 (4*)	10.69 (4*)	10.32 (2*)	10.71	10.5
PERMA-PEm	6.58 (*)	6.92 (5*)	7.96 (5*)	8.77 (5*)	9.19 (5*)	9.23 (3*)	9.21
PERMA-NAff	2.84 (2*)	2.92 (5*)	1.91 (5*)	1.27 (5*)	0.87 (5*)	0.92 (3*)	0.88
PERMA-Lnly	2.74 (*)	2.6 (2*)	1.52 (5*)	1.03 (5*)	0.41 (3*)	0.91 (*)	1.12
CLS – Comp. Love	5.06	4.82	5.1 *****	5.29 **	5.84 *	5.46	5.43
STAI Y1 – State Anxiety	34.88	32.7 ***	26.68 *****	23.42 *****	23.02 ***	21.88 ***	23.38
STAI Y2 – Trait Anxiety	36.9 **	36.42 *****	29.79 *****	25.05 *****	24.45 *****	23.73 ****	24.25
STRESS	18.95 **	17.67 *****	13.05 *****	9.72 *****	8.01 *****	7.35 ****	8

* = p < 0.05; ** = p < 0.01; *** = p < 0.001, **** = p < 0.0001; ***** = p < 0.00001

O.N.E./PNSE

Measure	O.N.E.						
	nNSE	tNSE	L1	L2	L3	L4&Up	5+
MNETI	59.86 ****	64.49 *****	73.18 *****	85.94 *****	91.08 *****	94.11 *****	92.38
MUMEX	12.47	16.8 ****	19.2 *****	24.58 *****	28.4 ***	25.56	25.62 *
M-Scale	99.89	117.94 *	129.61 *****	146.97 *****	152.18 ****	144.11	142.88
M-Scale – Introvertive	37.14 *	44.72	49.54 *****	55.71 *****	57.07 ***	54.11	53.62
M-Scale – Extrovertive	22.06	27.23 **	30.1 *****	35.35 *****	37.3 ***	35.26	35 *
M-Scale – Interpretive	40.69	46	49.97 *****	55.91 *****	57.85 ***	53.19	54.25

* = p < 0.05; ** = p < 0.01; *** = p < 0.001, **** = p < 0.0001; ***** = p < 0.00001

Meaning

Measure	O.N.E.						
	nNSE	tNSE	L1	L2	L3	L4&Up	5+
PERMA – Meaning	7.2 *	7.34 **	8.16 *****	9.16 *****	9.42 *****	9.19 ****	9.21 *
MILQ – Presence	23.6	23.46	25.33 *****	27.08 *****	27.68 ***	27.27	28
MILQ – Search	21.31 *	19.48 ****	16.62 *****	15.37 **	14.02 *	13.15 *	14.25

* = p < 0.05; ** = p < 0.01; *** = p < 0.001, **** = p < 0.0001; ***** = p < 0.00001

Personality

Measure	O.N.E.						
	nNSE	tNSE	L1	L2	L3	L4&Up	5+
NEO-FFI							
Neuroticism	17.66 *	17.76 *****	12.74 *****	8.66 *****	6.74 *****	5.85	5 **
Extraversion	25.07	25.21	28.02 *****	29.26 ****	30.1	27.73	28.88
Openness	33.63	33.72	35.29	36.5 *	36.55	36.5	38.38
Agreeable	35.66	35.42	36.88 ****	39.61 ****	40.48 *	40.58 **	40.62
Conscientious	30	29	32.96 ****	35.22 ***	36.12 **	34.58	35.88

* = p < 0.05; ** = p < 0.01; *** = p < 0.001, **** = p < 0.0001; ***** = p < 0.00001

Misc.

Measure	O.N.E.						
	nNSE	tNSE	L1	L2	L3	L4&Up	5+
TGS – Gratitude	37.31 ***	37.17 *	39.47 *****	40.34 *****	41.23 ***	40.12	41.12
PERMA – Relationships	7.02 *	7.01 ***	7.84 *****	8.6 *****	9.2 ****	9.06 *****	9.12 ***
PERMA – Accomp.	7.26 *	7.5	8.21 *****	8.84 *****	9.13 *****	9.05 **	9
PERMA – Engage.	7.21 *	7.36 *	7.99 *****	8.66 *****	9.14 ****	9.1 **	9.29
CDFS1 – LifeFlow	3.06	3.17 **	3.48 *****	3.86 *****	4.17 *****	3.9 *	3.97
CDFS2 – TaskFlow	3.42	3.48 *	3.84 *****	4.1 *****	4.32 **	4.03	4.06

After the program...

Do the changes stick?

	n	% T	% Previous
Location 1	25	18%	31%
Location 2	37	26%	20%
Location 3	7	5%	11%
Location 4	16	11%	6%
Location 5+	16	11%	2%
Not in NSE	22	15%	11%
Temporary NSE	19	13%	19%

	n	% T	% P
Total O.N.E.	101	71%	70%
Total Participants	142		

What's next

- Transition FC to format for the public to use
- Continuing to work on FC data
 - Creating a new, shorter program
 - Method matching measure
 - Locations measure
 - Data mining
- Working on research and information regarding settling into ONE/PNSE



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